



# BIO WHEY PROTEIN

Product released from the duty to register as DRC N. 27/10



- » It has four distinct filtering of Whey Protein: Hydrolyzed Whey Peptide, Whey Protein Isolate - Ion Exchange (Ion Exchange), Whey Protein Isolate - Microfiltered and Concentrated Whey Protein.
- » Provides 25 g of protein per serving.
- » 14g of Essential Amino Acids.
- » 6.5 g of BCAA, and 3g Leucine.
- » 2.5g of carbohydrates.
- » A version sweetened with sucralose and one with Stevia.
- » Available in flavors: Cookies'n Cream, Vanilla, Chocolate, Strawberry, Banana and Coconut.
- » Packaging with 454g (1lb), 909g (2lbs), 2.273g (5lbs) and 4.540g (10lbs).

**4 different filtering Whey Protein:** BIO WHEY PROTEIN® was formulated with a protein blend of high biological value: whey protein hydrolyzate, which provides 99% absorption by the body, Whey Protein Isolate - Ion Exchange (Charge Ion), Whey Protein Isolate - Microfiltrado provide 98% absorption and Whey Protein Concentrate which provides 80% absorption by the body.

**25g protein per serving:** BIO WHEY PROTEIN® It provides in each portion 25g protein with the 4 different types of filtering the whey protein.

**6.5 g of BCAAs:** By a natural occurrence, Bio Whey Protein® releases a different profile of amino acids, especially BCAA (Branched Chain Amino Acids), and 3g of which are Leucine.

The **2.5 g Carbohydrates** They are naturally occurring raw materials of Bio Whey Protein: Protein, flavorings and instantisation process.

**Sucralose:** Sweetener 600 times sweeter than sugar, has excellent taste, zero calories and can be used by diabetics, pregnant women and the elderly.

**Stevia:** Natural sweetener extracted from a plant called Stevia and has no calories.

**Suggested use:** Mix 1 serving (1 scoop the measuring cup) of Bio Whey Protein® in 230ml of water. Consume one serving daily or as recommended by a nutritionist and / or physician nutrition specialist.

**Flavors:** Cookies'n Cream, Vanilla, Chocolate, Strawberry, Banana and Coconut.

**Packing:** 454g (1lb), 909g (2lbs), 2.273g (5lbs) and 4.540g (10lbs).



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**Ingredients (Cookies'n Cream Flavor):** Whey Protein Blend [Whey Protein Hydrolyzed, Whey Protein Isolate - Ion Exchange (WPI), Whey Protein Isolate - Cross Flow Microfiltration (CFM) and Whey Protein Concentrate], Cookies & Cream Artificial Flavor and Sucralose. GLUTEN FREE.

**Ingredients (Vanilla Flavor):** Whey Protein Blend [Whey Protein Hydrolyzed, Whey Protein Isolate - Ion Exchange (WPI), Whey Protein Isolate - Cross Flow Microfiltration (CFM) and Whey Protein Concentrate], Vanilla Artificial Flavor, Sucralose and Soy Lecithin. GLUTEN FREE.

**Ingredients (Chocolate Flavor):** Whey Protein Blend [Whey Protein Hydrolyzed, Whey Protein Isolate - Ion Exchange (WPI), Whey Protein Isolate - Cross Flow Microfiltration (CFM) and Whey Protein Concentrate], Chocolate Artificial Flavor, Sucralose and Cocoa. GLUTEN FREE.

**Ingredients (Strawberry Flavor):** Whey Protein Blend [Whey Protein Hydrolyzed, Whey Protein Isolate - Ion Exchange (WPI), Whey Protein Isolate - Cross Flow Microfiltration (CFM) and Whey Protein Concentrate], Strawberry Artificial Flavor, FD&C Red #40, Sucralose and Soy Lecithin. GLUTEN FREE.

**Ingredients (Banana Flavor):** Whey Protein Blend [Whey Protein Hydrolyzed, Whey Protein Isolate - Ion Exchange (WPI), Whey Protein Isolate - Cross Flow Microfiltration (CFM) and Whey Protein Concentrate], Banana Artificial Flavor, Vanilla Artificial Flavor, Sucralose and Soy Lecithin. GLUTEN FREE.

**Ingredients (Coconut Flavor):** Whey Protein Blend [Whey Protein Hydrolyzed, Whey Protein Isolate - Ion Exchange (WPI), Whey Protein Isolate - Cross Flow Microfiltration (CFM) and Whey Protein Concentrate], Coconut Artificial Flavor, Sucralose and Soy Lecithin. GLUTEN FREE.



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## Stevia

**Ingredients (Vanilla Flavor):** Isolate Whey Milk Microfiltered Protein, Protein Isolate Whey by Ion Exchange, Concentrated Whey Protein, Hydrolyzed Whey Protein, Identical Aroma to Vanilla Natural Sweetener Natural Stevia and Lecithin Soy. GLUTEN FREE.

**Ingredients (Chocolate Flavor):** Isolate Whey Protein Milk Microfiltered, Protein Isolate Whey by Ion Exchange, Concentrated Protein Whey, Hydrolyzed Protein Whey, Chocolate Artificial Flavor, Natural Sweetener Stevia and Cocoa. GLUTEN FREE.

**Ingredients (Strawberry Flavor):** Isolate Milk Microfiltered Whey Protein, Protein Isolate Whey by Ion Exchange, Concentrated Whey Protein, Hydrolyzed Whey Protein, Identical Flavourings Strawberry Natural Sweetener Natural Stevia and Lecithin Soy. GLUTEN FREE.



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## Nutritional Facts - 1 serving - 1 scoop (31 g)

Amount per serving		%Daily Value*
Calories	122kcal - 512kj	6%
Carbohydrates	2,5g	<1%
Proteins	25g	50%
Total Fat	1,5g	3%
Saturated Fat	0,5g	2%
Trans Fat	0g	**
Fiber	0g	<1%
Sodium	61mg	3%

\* % Daily values based on a diet of 2000 kcal or 8400kj. Your daily values may be higher or lower depending on your energy requirements.

\*\* RDA not established.

## Profile of Amino Acids:

Alanine	1436mg	* Lysine	2458mg
Arginine	711mg	* Methionine	635mg
Aspartic Acid	3115mg	* Phenylalanine	933mg
Cysteine	660mg	Proline	1916mg
Glutamic Acid	5154mg	Serine	1521mg
Glycine	505mg	* Threonine	1947mg
Histidine	553mg	* Tryptophan	633mg
* Isoleucine	1806mg	* Valine	1711mg
* Leucine	2963mg	Tyrosine	490mg

\* The quantities of L-Tryptophan in Performance Nutrition products occur naturally from raw materials.