

GLUTAMINE SCIENCE RECOVERY 1000 POWDER

MS # 6.2109.0036



» Each serving provides 5g of pure L-Glutamine.» Packages with 150g, 300g, 600g, 1kg and 2kg.

The **Glutamine** is the most abundant aminoacid in the human body, representing more than 60% of the free aminoacids available in skeleton muscles and 20% of the total of circulating aminoacids.

How to Prepare: It is recommended to ingest a serving (1 scoop) once or twice a day. Dilute in filtered water until complete 100ml. This product can be dissolved in water or your favorite beverage. The application of the tube should be initiated with low volumes and flow velocity, should be increased gradually depending on bowel tolerance and objective. To avoid contamination, hygiene measures during preparation and administration should be instituted. Can be administered orally, being added to juices, water, tea, jello, mashed potatoes, according to the doctor's or nutritionist' prescription.

Ingredients: L-Glutamine. GLUTEN FREE.

Nutritional Facts - 1 Serving - 5g (1 Scoop)				
	Amount/serving	%Daily Value*	Amount/100g	%Daily Value*
Calories	20kcal=84kJ	1%	400kcal=1680kJ	20%
Carbohydrates	Og	<1%	Og	<1%
Proteins	5g	10%	100g	200%
Total Fat	Og	<1%	Og	<1%
Saturated Fat	Og	<1%	Og	<1%
Trans Fat	Og	**	Og	**
Fiber	Og	<1%	Og	<1%
Sodium	Omg	<1%	Omg	<1%

* % Daily values based on a diet of 2000 kcal or 8400Kj. Your daily values may be higher or lower depending on your energy requirements.

** RDA not established.

Performance Nutrition Phone: +55 11 4425-8088 | Fax: +55 11 4426-9634 www.performancenutrition.com.br | pn@performancenutrition.com.br

