

## PURO PERFORMANCE WHEY

Product exempted from registration, in accordance with RDC No. 27/10



- » 27g of Isolated Whey Protein per serving.
- » 0 g of Carbohydrates.
- » 7g of BCAA (branched chain amino-acids) natural occurrence.
- » Contains Isolated Whey Protein only ION EXCHANGE.
- » Sweetened with Sucralose Splenda®.
- » Flavors: Chocolate, Vanilla, Strawberry, Cookies'n Cream, Mint Chocolate, Black Forest, Lemon Pie, Caramel and Natural.

Iso Whey Protein provides 27g of Isolated Whey Protein per serving. This pure protein is obtained through a breakthrough filtering process: ION EXCHANGE. Iso Whey Protein provides 7g of BCAA (branched chain amino-acids) per natural occurrence of this protein.

**Suggested Use:** Add a serving (1 scoops - 33g) of Iso Whey Protein to 250ml of water, skim milk or of your favorite beverage. Consume a serving on a daily basis or as prescribed by a physician or nutritionist.

**Flavors:** Chocolate, Vanilla, Strawberry, Cookies'n Cream, Mint Chocolate, Black Forest, Lemon Pie, Caramel and Natural.

Packages: 909g and 2kg.



Performance Nutrition Phone: +55 11 4425-8088 | Fax: +55 11 4426-9634 www.performancenutrition.com.br | pn@performancenutrition.com.br



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**Ingredients (Chocolate Flavor):** Concentrated Whey Protein, Natural Aroma of Chocolate, Cocoa and Natural Sweetener Steviol Glycosides (Stevia). GLUTEN-FREE.

**Ingredients (Strawberry Flavor):** Concentrated Protein from Milk Serum, Aroma Identical to Strawberry Natural and Natural Sweetener Steviol Glycosides (Stevia). GLUTEN-FREE.

**Ingredients (Vanilla Flavor):** Concentrated Whey Protein, Natural Vanilla Aroma and Natural Steviol Glycoside Sweetener (Stevia). GLUTEN-FREE.

**Ingredients (Flavor Cookies'n Cream):** Concentrated Whey Protein, Artificial Aroma of Cookies & Cream, Cocoa and Natural Sweetener Steviol Glycosides (Stevia). GLUTEN-FREE.

**Ingredients (Chocolate Mint Flavor):** Concentrated Whey Protein, Cocoa, Natural Peppermint Mint Flavor and Natural Sweetener Esteviol Glycosides. GLUTEN-FREE.

**Ingredients (Black Forest Flavor):** Concentrated Whey Protein, Cocoa, Cherry-like Natural Aroma and Natural Steviol Glycoside Sweetener. GLUTEN-FREE.

**Ingredients (Lemon Pie Flavor):** Concentrated Whey Protein, Natural Lemon Aroma, Vanilla Natural Aroma and Natural Sweetener Esteviol Glycosides.GLUTEN-FREE.

**Ingredients (Caramel Flavor):** Concentrated Whey Protein, Natural Caramel Aroma and Natural Sweetener Esteviol Glycosides. GLUTEN-FREE.

Ingredients (Natural Flavor): Concentrated whey protein. GLUTEN-FREE.



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Supplement Facts - 1 Serving - 1 Scoops (33g)			
	Amount per serving	% Daily Value	
Calories	98Kcal/411Kj	5%	
Carboydrates	Зg	<1%	
Sugars	Зg	**	
Proteins	20g	26%	
Total Fat	0,8g	1%	
Satured Fat	0,4g	2%	
Trans Fat	Og	**	
Food Fiber	Og	<1%	
Sodium	77mg	3%	
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\*Daily Values based on a 2000 Kcal or 8400 Kj diet. Your daily values may be higher or lower depending on your Energy needs. \*\* DV not established.

## **Profile of Amino Acids:**

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*L-Tryptophan	660mg	*L-Leucine	3932mg		
*L-Valine	1540mg	*L-Lysine	3080mg		
*L-Threonine	1457mg	*L-Phenylalanine	1045mg		
*L-Isoleucine	1732mg	*L-Methionine	660mg		
L-Arginine	825mg	L-Glutamic Acid	4840mg		
L-Cistin	1100mg	L-Aspartic Acid	3437mg		
L-Tyrosine	1155mg	L-Serine	1235mg		
L-Histidine	550mg	L-Glycine	495mg		
L-Proline	550mg	L-Alanine	1575mg		
*The quantities of I-Tryntonhan in Performance Nutrition products occur naturally from raw materials					

\*The quantities of L-Tryptophan in Performance Nutrition products occur naturally from raw materials.



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