



BIO CASEIN MICELLAR PROTEIN

MS # 6.2109.0030



- » 24g of pure Casein per serving.
- » Contains 100% Micellar Casein.
- » Sweetened with Splenda® Sucralose.
- » Rich in minerals: naturally occurring Calcium and Magnesium.
- » Flavors available: Chocolate, Strawberry and Vanilla.
- » Packages with 909g (2 lbs) and 2.273g (5 lbs).

24g of Casein per serving: Protein extracted from whey with slow absorption (absorbed within a maximum of 5 hours), known for PM Protein (Night Protein).

Bio Casein®: is 100% Micellar Casein, which is composed of 3 subgroups: Alpha-Casein, Kappa-Casein and Beta-Casein, which naturally provide full chains of amino acids.

Calcium and Magnesium: High content of these minerals in this Protein by natural occurrence.

Sweetened with SPLENDA® SUCRALOSE: A sweetener that is 600 times sweeter than sugar, has excellent taste, zero calories and can be used by diabetics, pregnant women and elderly people.

Suggested Use: Combine one serving (1 scoop) of Bio Casein® with 280 ml water or skim milk. Drink one serving daily or as recommended by a nutritionist and/or physician nutrition specialist.

Ingredients (Chocolate Flavor): Micellar Casein, Chocolate Artificial Aroma, Splenda® Sucralose Artificial Sweetener and Cocoa. GLUTEN FREE.

Ingredients (Strawberry Flavor): Micellar Casein, Strawberry Artificial Aroma, Splenda® Sucralose Artificial Sweetener. GLUTEN FREE.

Ingredients (Vanilla Flavor): Micellar Casein, Vanilla Artificial Aroma, Splenda® Sucralose Artificial Sweetener. GLUTEN FREE.



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Nutritional Information - 1 serving - 1 scoop (29 g)

Amount per serving		%Daily Value*
Calories	106 kcal / 445 kj	5%
Proteins	24 g	48%
Carbohydrates	1,4 g	<1%
Total Fat	0 g	<1%
Saturated Fat	0 g	<1%
Trans Fat	0 g	**
Food Fiber	0 g	<1%
Sodium	49 mg	2%
Potassium	123 mg	**
Calcium	358 mg	36%
Magnesium	29 mg	11%
Phosphorus	211 mg	30%

* Daily values based on a diet of 2000 kcal or 8400Kj. Your daily values may be higher or lower depending on your energy requirements.

** RDA not established.

Profile of Amino Acids:

*L-Tryptophan	487 mg	*L-Leucine	2796 mg
*L-Valine	1653 mg	*L-Lysine	2270 mg
*L-Threonine	1726 mg	*L-Phenylalanine	1211 mg
*L-Isoleucine	1670 mg	*L-Methionine	674 mg
L-Arginine	736 mg	L-Glutamic Acid	5315 mg
L-Cistin	509 mg	L-Aspartic Acid	2751 mg
L-Tyrosine	1036 mg	L-Serine	1392 mg
L-Histidine	623 mg	L-Glycine	487 mg
L-Proline	2270 mg	L-Alanine	1166 mg

*The quantities of L-Tryptophan in Performance Nutrition products occur naturally from raw materials.